Central Eglinton EarlyON Child and Family Centre – Program Calendar March 2024

In March, all programs will run on a drop- in basis. Drop-In programs do not require pre-registration, but program capacities will still be met and there is a risk it could be full at busy times. To book a 1-on-1 consult or if you have any questions, or wish to be added to our EarlyON e-mail distribution list, please contact our EarlyON & Family Resource Coordinator, Stacey Rupert, at 416-392-0511 ext. 246 or e-mail familyprograms@centraleglinton.com.

Monday	Tuesday	Wednesday	Thursday	Friday
	Early Oon Child and Family Centre		Central Eglinton Community Centre	1 EarlyON Family Drop In Ages 0-6 Years 10am-1:00 pm 1-on-1 Consult with EarlyON RECE 1:30pm-2:30pm Registration Required
4 EarlyON Pop-Up at Northern District Library 10:00am – 11:30am EarlyON Baby Drop In Ages 0-18 months 1:00pm– 3:00pm	5 EarlyON Family Drop In Ages 0-6 years 10:00am – 1:00 pm Creative Arts & Sensory Drop-In Ages 18 months-6 years 2:30pm – 4:30pm	6 EarlyON Baby Drop In Ages 0-18 months 11:00am-1:00pm EarlyON Family Drop In Ages 0-6 years 3:00pm-5:00pm	7 EarlyON Family Drop In Ages 0-6 Years 10am-1:00pm EarlyON Family Drop In Ages 0-6 years 2:30pm-4:30pm	8 TPH – Growth and Development Workshop – 10:30am EarlyON Family Drop In Ages 0-6 Years 10am-1:00 pm 1-on-1 Consult with EarlyON RECE 1:30pm-2:30pm Registration Required
11 Centre Francophone French Drop In – 10am-12noon EarlyON Baby Drop In Ages 0-18 months 1:00pm– 3:00pm	12 EarlyON Family Drop In Ages 0-6 years 10:00am – 1:00 pm Creative Arts & Sensory Drop-In Ages 18 months-6 years 2:30pm – 4:30pm	13 EarlyON Baby Drop In Ages 0-18 months 11:00am-1:00pm EarlyON Family Drop In Ages 0-6 years 3:00pm-5:00pm	14 EarlyON Family Drop In Ages 0-6 Years 10am-1:00pm EarlyON Family Drop In Ages 0-6 years 2:30pm-4:30pm	 15 519 Glitterbug Visit – 10:30am EarlyON Family Drop In Ages 0-6 Years, 10am-1:00 pm 1-on-1 Consult with EarlyON RECE 1:30pm-2:30pm Registration Required
18 Centre Francophone French Drop In – 10am-12noon EarlyON Baby Drop In Ages 0-18 months 1:00pm– 3:00pm	19 EarlyON Family Drop In Ages 0-6 years 10:00am – 1:00 pm Creative Arts & Sensory Drop-In Ages 18 months-6 years 2:30pm – 4:30pm	20 TPL Librarian Visit – 3:30pm EarlyON Baby Drop In Ages 0-18 months 11:00am-1:00pm EarlyON Family Drop In Ages 0-6 years 3:00pm-5:00pm	21 EarlyON Family Drop In Ages 0-6 Years 10am-1:00pm EarlyON Family Drop In Ages 0-6 years 2:30pm-4:30pm	22 EarlyON Family Drop In Ages 0-6 Years 10am-1:00 pm 1-on-1 Consult with EarlyON RECE 1:30pm-2:30pm Registration Required
25 Centre Francophone French Drop In – 10am-12noon EarlyON Baby Drop In Ages 0-18 months 1:00pm– 3:00pm	26 EarlyON Family Drop In Ages 0-6 years 10:00am – 1:00 pm Creative Arts & Sensory Drop-In Ages 18 months-6 years 2:30pm – 4:30pm	27 EarlyON Baby Drop In Ages 0-18 months 11:00am-1:00pm EarlyON Family Drop In Ages 0-6 years 3:00pm-5:00pm	28 EarlyON Family Drop In Ages 0-6 Years 10am-1:00pm EarlyON Family Drop In Ages 0-6 years 2:30pm-4:30pm	29 Good Friday

Central Eglinton EarlyON Child and Family Centre is a place where parents and caregivers with children aged 0-6 can: Participate in free early learning and programs that support healthy child development, talk to EarlyON staff and other parents/caregivers/grandparents in the community and find information about programs and services available in the community.

Central Eglinton EarlyON Child and Family Centre – Program Calendar April 2024

In April, all programs will run on a drop- in basis. Drop-In programs do not require pre-registration, but program capacities will still be met and there is a risk it could be full at busy times. To book a 1-on-1 consult or if you have any questions, or wish to be added to our EarlyON e-mail distribution list, please contact our EarlyON & Family Resource Coordinator, Stacey Rupert, at 416-392-0511 ext. 246 or e-mail <u>familyprograms@centraleglinton.com</u>.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Easter Monday	2 EarlyON Family Drop In Ages 0-6 years 10:00am – 1:00 pm Creative Arts & Sensory Drop-In Ages 18 months-6 years 2:30pm – 4:30pm	3 EarlyON Baby Drop In Ages 0-18 months 11:00am-1:00pm EarlyON Family Drop In Ages 0-6 years 3:00pm-5:00pm	4 EarlyON Family Drop In Ages 0-6 Years 10am-1:00pm EarlyON Family Drop In Ages 0-6 years 2:30pm-4:30pm	5 EarlyON Family Drop In Ages 0-6 Years 10am-1:00 pm 1-on-1 Consult with EarlyON RECE 1:30pm-2:30pm Registration Required
8 Centre Francophone French Drop In – 10am-12noon	9 EarlyON Family Drop In Ages 0-6 years 10:00am – 1:00 pm Creative Arts & Sensory Drop-In Ages 18 months-6 years 2:30pm – 4:30pm	10 Postpartum Mental Health Workshop – 11:30am EarlyON Baby Drop In Ages 0-18 months 11:00am-1:00pm EarlyON Family Drop In Ages 0-6 years, 3:00pm-5:00pm	11 EarlyON Family Drop In Ages 0-6 Years 10am-1:00pm EarlyON Family Drop In Ages 0-6 years 2:30pm-4:30pm	12 EarlyON Family Drop In Ages 0-6 Years 10am-1:00 pm 1-on-1 Consult with EarlyON RECE 1:30pm-2:30pm Registration Required
15 TPL Librarian Visit – 1:30pm Centre Francophone French Drop In – 10am-12noon EarlyON Baby Drop In Ages 0-18 months 1:00pm– 3:00pm	16 EarlyON Family Drop In Ages 0-6 years 10:00am – 1:00 pm Creative Arts & Sensory Drop-In Ages 18 months-6 years 2:30pm – 4:30pm	17 519 Glitterbug Visit – 3:30pm EarlyON Baby Drop In Ages 0-18 months 11:00am-1:00pm EarlyON Family Drop In Ages 0-6 years 3:00pm-5:00pm	18 EarlyON Family Drop In Ages 0-6 Years 10am-1:00pm EarlyON Family Drop In Ages 0-6 years 2:30pm-4:30pm	 19 TPH School Readiness Workshop – 10:30am EarlyON Family Drop In Ages 0-6 Years, 10am-1:00 pm 1-on-1 Consult with EarlyON RECE 1:30pm-2:30pm Registration Required
22 Centre Francophone French Drop In – 10am-12noon EarlyON Book Bank Trip – AM EarlyON Baby Drop In Ages 0-18 months 1:00pm– 3:00pm	23 EarlyON Family Drop In Ages 0-6 years 10:00am – 1:00 pm Creative Arts & Sensory Drop-In Ages 18 months-6 years 2:30pm – 4:30pm	24 EarlyON Baby Drop In Ages 0-18 months 11:00am-1:00pm EarlyON Family Drop In Ages 0-6 years 3:00pm-5:00pm	25 EarlyON Family Drop In Ages 0-6 Years 10am-1:00pm EarlyON Family Drop In Ages 0-6 years 2:30pm-4:30pm	26 EarlyON Family Drop In Ages 0-6 Years 10am-1:00 pm 1-on-1 Consult with EarlyON RECE 1:30pm-2:30pm Registration Required
29 Centre Francophone French Drop In – 10am-12noon EarlyON Baby Drop In Ages 0-18 months 1:00pm– 3:00pm	30 EarlyON Family Drop In Ages 0-6 years 10:00am – 1:00 pm Creative Arts & Sensory Drop-In Ages 18 months-6 years 2:30pm – 4:30pm	Early ON Child and Family Centre		

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Central Eglinton EarlyON Child and Family Centre – Program Information March & April 2024

Centre Francophone French Drop In – Mondays - 10am-12noon

For children aged 0-6 years and their caregivers. Programme gratuit en français pour les familles francophones avec les enfants te 0-6 ans. Activités pour promouvoir le developpement et la socialisation. Les lundis 10h00 à 12h00. This is a program for French Speaking Families only. No Program March 4th

EarlyON Family Drop In! –Tuesdays 10:00am-1:00pm, Wednesdays 3:00pm-5:00pm, Thursdays 10:00am-1:00pm, Thursdays 2:30pm – 4:30pm & Fridays 10:00am-1:00pm

For caregivers and their children aged 0-6 years of age. Play and socialize in a safe, relaxed and supportive environment. Participate in open-ended activities, S.T.E.M activities and sensory play and then join us for circle time! Connect with our RECE to ask about resources and community programs. No registration required.

EarlyON Baby Drop In! – Mondays 1:00pm-3:00pm & Wednesdays 11:00am-1:00pm– Ages 0-18 months

For caregivers and their babies aged 0-18 months. Join us in a safe, inviting environment as we participate in free-play activities and early literacy activities for babies, such as reading, singing and hand rhymes. Time for socialization with other parents and caregivers. No registration required. No program April 8th.

Creative Arts & Sensory Drop-In – Tuesdays 2:30pm-4:30pm

For caregivers and their children aged 18 months -6 years of age. Join us for each week for a new open-ended art and sensory activity. Sensory and open-ended activities encourage learning through exploration, problem solving, curiosity and creativity. Each week will feature 2 different activities. Dress for mess! No registration required.

1-on-1 Consults with EarlyON RECE – Fridays 1:30pm-2:30pm– Virtual or In-Person

Have any questions or concerns about your child's development? Looking for resources in your community? Looking for childcare and have questions? Book a time to speak with our EarlyON Coordinator. Registration required. E-mail: familyprograms@centraleglinton.com or call 416-392-0511 ext. 246.

Growth and Development Workshop – Toronto Public Health – Friday March 8th 10:30am – 11:30am

Do you have questions related to your child's development? Concerned they are not reaching important milestones? Join Antarpreet from TPH for this workshop related to children's development and milestones. Participants will learn about tools to help determine if a child's development is on track, the connection between child development and behaviour and ideas and tips to encourage a child's overall healthy development. **No registration required.**

School Readiness/ Getting Ready for Kindergarten – Toronto Public Health (TPH) – Friday April 19th 10:30am – 11:30am

Do you have a child starting school in September? Are you looking for tips to ensure that they have the best transition to school? Then join Antarpreet from TPH for this workshop. The workshop will cover the importance of developing and maintaining routines for families, tips to help establish these routines. Healthy hygiene practices, the importance of immunizations and checking in on children's developmental milestones will also be discussed. No registration required.

Post-Partum Mental Health Talk – Wednesday April 10th 11:30am

Join us at Baby Drop-in for an informative chat with Jill from the Well Parents Centre. She will be discussing Post-Partum Mental Health. No registration required.

Visit from 519 Glitterbug 2SLGBTQ+ Program – Friday, March 15th 10:30am – 11:30am & Wednesday April 17th 3:30pm – 4:30pm

Join us during Drop In for a visit from 519's Glitterbug Program, an EarlyON mobile program that works to promote inclusion and affirmation of gender and sexual diversity among children and families. No registration required.

EarlyON Pop-Up at Northern District Library – 40 Orchard View Blvd. - Monday, March 4th 10:00am-11:30am – Ages 0 – 6 Years

Join us at Northern District Library for an EarlyON Pop-Up! Participate in art and sensory activities, and stay for Circle Time alongside Mallory, the children's librarian and our EarlyON Team. No registration necessary, see you there!

Visit from the Toronto Public Library (TPL) – Wednesday March 20th 3:30pm & Monday April 15th 1:30pm

Join us during Drop In for a visit from the Toronto Public Library Librarian! They will share some early literacy tips, current and upcoming programming at the Northern District branch and join us for a circle time! **No registration required.**

Trip – The Children's Book Bank - 585 Dundas Street East, Suite 260 – Monday April 22nd 10:30am

Join us as we take a trip to the Children's Book Bank! Travel with the group by TTC or meet us there. Everyone will receive a free book to take home. **TTC tokens are available. Registration is** required. Please email familyprograms@centraleglinton.com or call 416-392-0511 ext. 246





At your first visit, families will be required to fill out a program registration form. Please no shoes in EarlyON space. We ask children and adults to wear socks or indoor slippers inside the space. We are a nut-free environment. Please no snacks or food that contain any nuts. & Please no hot drinks in EarlyON space.

Please feel free to contact Stacey with any questions about our programs at 416. 392-0511 ext. 246, email <u>familyprograms@centraleglinton.com</u> or visit our website at <u>www.centraleglinton.com</u>.