## Central Eglinton EarlyON Child and Family Centre – Program Calendar May 2024

In May, all programs will run on a drop- in basis. Drop-In programs do not require pre-registration, but program capacities will still be met and there is a risk it could be full at busy times. To book a 1-on-1 consult or if you have any questions, or wish to be added to our EarlyON e-mail distribution list, please contact our EarlyON & Family Resource Coordinator, Stacey Rupert, at 416-392-0511 ext. 246 or e-mail <u>familyprograms@centraleglinton.com</u>.

Monday	Tuesday	Wednesday	Thursday	Friday
	Early ON Child and Family Centre	1 EarlyON Baby Drop In Ages 0-18 months 11:00am-1:00pm EarlyON Family Drop In Ages 0-6 years 3:00pm-5:00pm	2 EarlyON Family Drop In Ages 0-6 Years 10am-1:00pm EarlyON Family Drop In Ages 0-6 years 2:30pm-4:30pm	3 EarlyON Family Drop In Ages 0-6 Years 10am-1:00 pm 1-on-1 Consult with EarlyON RECE 1:30pm-2:30pm Registration Required
6 Centre Francophone French Drop In – 10am-12noon EarlyON Baby Drop In Ages 0-18 months 1:00pm– 3:00pm	7 EarlyON Family Drop In Ages 0-6 years 10:00am – 1:00 pm Creative Arts & Sensory Drop-In Ages 18 months-6 years 2:30pm – 4:30pm	<ul> <li>8 Yoga Workshop – 11:30am</li> <li>EarlyON Baby Drop In</li> <li>Ages 0-18 months</li> <li>11:00am-1:00pm</li> <li>EarlyON Family Drop In</li> <li>Ages 0-6 years</li> <li>3:00pm-5:00pm</li> </ul>	9 EarlyON Family Drop In Ages 0-6 Years 10am-1:00pm EarlyON Family Drop In Ages 0-6 years 2:30pm-4:30pm	10 519 Glitterbug Visit – 10:30am EarlyON Family Drop In Ages 0-6 Years 10am-1:00 pm 1-on-1 Consult with EarlyON RECE 1:30pm-2:30pm Registration Required
13 Centre Francophone French Drop In – 10am-12noon EarlyON Baby Drop In Ages 0-18 months 1:00pm– 3:00pm	14 EarlyON Family Drop In Ages 0-6 years 10:00am – 1:00 pm Creative Arts & Sensory Drop-In Ages 18 months-6 years 2:30pm – 4:30pm	15 EarlyON Baby Drop In Ages 0-18 months 11:00am-1:00pm EarlyON Family Drop In Ages 0-6 years 3:00pm-5:00pm	<ul> <li>16 TPL Visit – 11:00am EarlyON Family Drop In Ages 0-6 Years 10am-1:00pm</li> <li>EarlyON Family Drop In Ages 0-6 years 2:30pm-4:30pm</li> </ul>	<ul> <li>17 <ul> <li>EarlyON Family Drop In</li> <li>Ages 0-6 Years, 10am-1:00 pm</li> </ul> </li> <li>1-on-1 Consult with EarlyON RECE <ul> <li>1:30pm-2:30pm</li> <li>Registration Required</li> </ul> </li> </ul>
20 Victoria Day	21 EarlyON Family Drop In Ages 0-6 years 10:00am – 1:00 pm Creative Arts & Sensory Drop-In Ages 18 months-6 years 2:30pm – 4:30pm	22 Sleep Workshop – 11:30am EarlyON Baby Drop In Ages 0-18 months 11:00am-1:00pm EarlyON Family Drop In Ages 0-6 years 3:00pm-5:00pm	23 EarlyON Family Drop In Ages 0-6 Years 10am-1:00pm EarlyON Family Drop In Ages 0-6 years 2:30pm-4:30pm	24 EarlyON Family Drop In Ages 0-6 Years 10am-1:00 pm 1-on-1 Consult with EarlyON RECE 1:30pm-2:30pm Registration Required
27 Centre Francophone French Drop In – 10am-12noon EarlyON Baby Drop In Ages 0-18 months 1:00pm– 3:00pm	28 EarlyON Family Drop In Ages 0-6 years 10:00am – 1:00 pm Creative Arts & Sensory Drop-In Ages 18 months-6 years 2:30pm – 4:30pm	29 EarlyON Baby Drop In Ages 0-18 months 11:00am-1:00pm EarlyON Family Drop In Ages 0-6 years 3:00pm-5:00pm	30 EarlyON Family Drop In Ages 0-6 Years 10am-1:00pm EarlyON Family Drop In Ages 0-6 years 2:30pm-4:30pm	31 EarlyON Family Drop In Ages 0-6 Years 10am-1:00 pm 1-on-1 Consult with EarlyON RECE 1:30pm-2:30pm Registration Required

Central Eglinton EarlyON Child and Family Centre is a place where parents and caregivers with children aged 0-6 can: Participate in free early learning and programs that support healthy child development, talk to EarlyON staff and other parents/caregivers/grandparents in the community and find information about programs and services available in the community.

## Central Eglinton EarlyON Child and Family Centre – Program Calendar June 2024

In June, all programs will run on a drop- in basis. Drop-In programs do not require pre-registration, but program capacities will still be met and there is a risk it could be full at busy times. To book a 1-on-1 consult or if you have any questions, or wish to be added to our EarlyON e-mail distribution list, please contact our EarlyON & Family Resource Coordinator, Stacey Rupert, at 416-392-0511 ext. 246 or e-mail familyprograms@centraleglinton.com.

Monday	Tuesday	Wednesday	Thursday	Friday
<ul> <li>3 EarlyON Pop-Up at Northern District Library 10:00am – 11:30am</li> <li>Centre Francophone French Drop In – 10am-12noon</li> <li>EarlyON Baby Drop In Ages 0-18 months 1:00pm– 3:00pm</li> </ul>	4 Feeding Your Toddler – 10:30am EarlyON Family Drop In Ages 0-6 years 10:00am – 1:00 pm Creative Arts & Sensory Drop-In Ages 18 months-6 years 2:30pm – 4:30pm	5 EarlyON Baby Drop In Ages 0-18 months 11:00am-1:00pm EarlyON Family Drop In Ages 0-6 years 3:00pm-5:00pm	6 EarlyON Family Drop In Ages 0-6 Years 10am-1:00pm EarlyON Family Drop In Ages 0-6 years 2:30pm-4:30pm	7 EarlyON Circle Time (10:30) & Play at Eglinton Park (Tommy Flynn Playground), 10:30am-12noon 1-on-1 Consult with EarlyON RECE 1:30pm-2:30pm Registration Required
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17 TPL Librarian Visit – 1:30pm Centre Francophone French Drop In – 10am-12noon EarlyON Baby Drop In Ages 0-18 months 1:00pm– 3:00pm	18 EarlyON Family Drop In Ages 0-6 years 10:00am – 1:00 pm Creative Arts & Sensory Drop-In Ages 18 months-6 years 2:30pm – 4:30pm	19 EarlyON Baby Drop In Ages 0-18 months 11:00am-1:00pm EarlyON Family Drop In Ages 0-6 years 3:00pm-5:00pm	20 519 Glitterbug Visit – 10:30am EarlyON Family Drop In Ages 0-6 Years 10am-1:00pm EarlyON Family Drop In Ages 0-6 years 2:30pm-4:30pm	21 EarlyON Circle Time (10:30) & Play at Eglinton Park (Tommy Flynn Playground), 10:30am-12noon 1-on-1 Consult with EarlyON RECE 1:30pm-2:30pm Registration Required
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		<b>Early</b> <b>Only</b> Child and Family Centre		Central Eglinton Community Centreshow was frank wart

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## Central Eglinton EarlyON Child and Family Centre – Program Information May & June 2024

Centre Francophone French Drop In – Mondays - 10am-12noon

For children aged 0-6 years and their caregivers. Programme gratuit en français pour les familles francophones avec les enfants te 0-6 ans. Activités pour promouvoir le developpement et la socialisation. Les lundis 10h00 à 12h00. This is a program for French Speaking Families only.

EarlyON Family Drop In! –Tuesdays 10:00am-1:00pm, Wednesdays 3:00pm-5:00pm, Thursdays 10:00am-1:00pm, Thursdays 2:30pm – 4:30pm & Fridays (May only) 10:00am-1:00pm For caregivers and their children aged 0-6 years of age. Play and socialize in a safe, relaxed, and supportive environment. Participate in open-ended activities, S.T.E.M activities and sensory play and then join us for circle time! Connect with our RECE to ask about resources and community programs. No registration required.

EarlyON Baby Drop In! – Mondays 1:00pm-3:00pm & Wednesdays 11:00am-1:00pm– Ages 0-18 months

For caregivers and their babies aged 0-18 months. Join us in a safe, inviting environment as we participate in free-play activities and early literacy activities for babies, such as reading, singing and hand rhymes. Time for socialization with other parents and caregivers. No registration required. No program May 20<sup>th</sup>.

Creative Arts & Sensory Drop-In – Tuesdays 2:30pm-4:30pm

For caregivers and their children aged 18 months -6 years of age. Join us for each week for a new open-ended art and sensory activity. Sensory and open-ended activities encourage learning through exploration, problem solving, curiosity and creativity. Each week will feature 2 different activities. Dress for mess! No registration required.

1-on-1 Consults with EarlyON RECE – Fridays 1:30pm-2:30pm– Virtual or In-Person

Have any questions or concerns about your child's development? Looking for resources in your community? Looking for childcare and have questions? Book a time to speak with our EarlyON Coordinator. Registration required. E-mail: familyprograms@centraleglinton.com or call 416-392-0511 ext. 246.

EarlyON Outdoor Circle Time & Play @ Eglinton Park (beside Tommy Flynn Playground) – Fridays in June – 10:30am – 12noon

For caregivers and their children aged 0-6. Tommy Flynn Playground: 200 Eglinton Ave. W. Meet us outside for a circle time at 10:30am and play at Tommy Flynn Playground! Bring your own blanket. All outdoor park meetups weather permitting. No registration required.

EarlyON Baby Yoga – Wednesday May 8<sup>th</sup> 11:30 – 12:00pm

Join us during Baby Drop-In as Laura leads us through an introduction to a Postnatal Yoga Class. Ending with an "Ask a Doula" session. No registration is required.

EarlyON Baby Sleep Workshop – Wednesday, May 22<sup>nd</sup> 11:30am – 12:30pm

Are you exhausted? Is your little one struggling with sleep? Do you want to lay a healthy sleep foundation for your baby? Join Emily Abrams, Certified Pediatric Sleep Consultant, for an informal conversation and take away sensible sleep tips that you can implement right away. Be sure to bring all of your questions for the Q&A session. No registration required.

Visit from 519 Glitterbug 2SLGBTQ+ Program – Friday, May 10th 10:30am – 11:30am & Thursday June 20th 10:30am – 11:30am

Join us during Drop In for a visit from 519's Glitterbug Program, an EarlyON mobile program that works to promote inclusion and affirmation of gender and sexual diversity among children and families. No registration required.

EarlyON Pop-Up at Northern District Library – 40 Orchard View Blvd. - Monday, June 3rd 10:00am-11:30am – Ages 0 – 6 Years

Join us at Northern District Library for an EarlyON Pop-Up! Participate in art and sensory activities, and stay for Circle Time alongside Mallory, the children's librarian and our EarlyON Team. No registration necessary, see you there!

Visit from the Toronto Public Library (TPL) – Thursday May 16<sup>th</sup> at 11:00am & Monday June 17<sup>th</sup> 1:30pm

Join us during Drop In for a visit from the Toronto Public Library Librarian! They will share some early literacy tips, current and upcoming programming at the Northern District branch and join us for

a circle time! No registration required.

Motor Milestones – Wednesday June 12th 11:30am

Join Dr. Jennifer Wise during Baby Time for in informal discussion around your baby's motor milestone. How you can support their crawling, walking and movement. Be sure to bring any questions

that you may have. No registration required.

FoodShare Presentations "Feeding Your Toddler" - Tuesday June 4th, 10:30am-11:00am

Join us at Family Drop-In to get shared ideas and suggestions on healthy snack and meals for fussy toddlers! No registration required.





At your first visit, families will be required to fill out a program registration form. Please no shoes in EarlyON space. We ask children and adults to wear socks or indoor slippers inside the space. We are a nut-free environment. Please no snacks or food that contain any nuts. Please no hot drinks in the EarlyON space.

Please feel free to contact Stacey with any questions about our programs at 416. 392-0511 ext. 246, email <u>familyprograms@centraleglinton.com</u> or visit our website at <u>www.centraleglinton.com</u>.