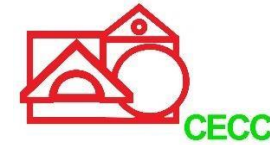




2024



Central Eglinton EarlyON Child and Family Centre

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>EarlyON Family Drop In Ages 0-6 Years 10am-12:00 pm</p> <p>EarlyON Baby Drop In Ages 0-18 months 1:00pm– 3:00pm</p> <p>*No Program November 11th</p>	<p>EarlyON Family Drop In Ages 0-6 years 10:00am – 1:00 pm</p> <p>EarlyON Gross Motor Play Ages 18 months – 3 years 3:00pm – 4:00pm</p>	<p>EarlyON Baby Drop In Ages 0-18 months 11:00am-1:00pm</p> <p>EarlyON Family Drop In Ages 0-6 years 3:00pm-5:00pm</p>	<p>EarlyON Family Drop In Ages 0-6 Years 10am-1:00pm</p> <p>EarlyON Family Drop In Ages 0-6 years 2:30pm-4:30pm</p>	<p>EarlyON Family Drop In Ages 0-6 Years 10am-12:00 pm</p>	<p>EarlyON Family Drop In Ages 0-6 Years 10:15am-12:15 pm</p>

In November, all programs will run on a drop-in basis. Drop-In programs do not require pre-registration, but program capacities will still be met and there is a risk it could be full at busy times. To book a 1-on-1 consult or if you have any questions or wish to be added to our EarlyON e-mail distribution list, please contact our EarlyON & Family Resource Coordinator, Stacey Rupert, at 416-392-0511 ext. 246 or e-mail familyprograms@centraleglinton.com.

November Program Updates

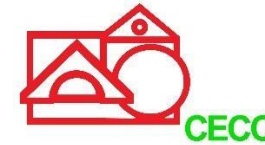
- **Central Eglinton Community Centre is closed on Monday November 11th for Remembrance Day**
- Kanthi from FoodShare will visit on Thursday November 21st to discuss “Feeding Your Toddler”
- The Toronto Public Library will visit program on Monday November 18th for a special circle time at 11:00am
- Nancy from Toronto Public Health will be visiting on Wednesday November 13th to answer your health-related questions
- Join Laura on Wednesday November 27th for Postnatal yoga, from 11:00 – 11:30am
- Emily, a certified sleep consultant, will visit program on Monday November 25 at 1:30pm



Central Eglinton EarlyON Child and Family Centre is a place where parents and caregivers with children aged 0-6 can: Participate in free early learning and programs that support healthy child development, talk to EarlyON staff and other parents/caregivers/grandparents in the community and find information about programs and services available in the community.



2024



Central Eglinton EarlyON Child and Family Centre

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>EarlyON Family Drop In Ages 0-6 Years 10am-12:00 pm</p> <p>EarlyON Baby Drop In Ages 0-18 months 1:00pm– 3:00pm</p> <p>*No program December 23rd</p>	<p>EarlyON Family Drop In Ages 0-6 years 10:00am – 1:00 pm</p> <p>EarlyON Gross Motor Play Ages 18 months – 3 years 3:00pm – 4:00pm</p> <p>*No program December 24th</p>	<p>EarlyON Baby Drop In Ages 0-18 months 11:00am-1:00pm</p> <p>EarlyON Family Drop In Ages 0-6 years 3:00pm-5:00pm</p>	<p>EarlyON Family Drop In Ages 0-6 Years 10am-1:00pm</p> <p>EarlyON Family Drop In Ages 0-6 years 2:30pm-4:30pm</p>	<p>EarlyON Family Drop In Ages 0-6 Years 10am-12:00 pm</p>	<p>EarlyON Family Drop In Ages 0-6 Years 10:15am-12:15 pm</p>

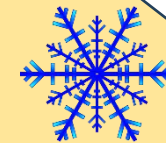
Central Eglinton Holiday Closures

CECC will be closing at noon on Tuesday December 24th, we will reopen at 9am on Thursday January 2nd.

In December, all programs will run on a drop-in basis. Drop-In programs do not require pre-registration, but program capacities will still be met and there is a risk it could be full at busy times. To book a 1-on-1 consult or if you have any questions or wish to be added to our EarlyON e-mail distribution list, please contact our EarlyON & Family Resource Coordinator, Stacey Rupert, at 416-392-0511 ext. 246 or e-mail familyprograms@centraleglinton.com.

December Program Updates

- Nancy from Toronto Public Health will be visiting on Thursday December 5th to answer your health-related questions
- The Toronto Public Library will visit the program on Monday December 9th for a special circle time at 11:00am
- Kanthi from FoodShare will visit on Wednesday December 11th to discuss “Feeding Your Toddler”
- Join Laura on Wednesday December 18th for Postnatal yoga, from 11:00 – 11:30am
- Join us on Friday December 20th for a *Holiday Celebration at EarlyON!* We will have some snacks and festive activities



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	THURSDAY JANUARY 2	FRIDAY JANUARY 3	SATURDAY JANUARY 4
MONDAY DECEMBER 23 to WEDNESDAY JANUARY 1 NO EarlyON PROGRAMS	EarlyON Family Drop In Ages 0-6 Years 10am-1:00 pm	EarlyON Family Drop In Ages 0-6 Years 10am-12:00 pm	EarlyON Family Drop In Ages 0-6 Years 10:15am-12:15 pm



Central Eglinton EarlyON Child and Family Centre Program Update

November and December 2024

<p>EarlyON Family Drop In! –Mondays 10:00am-12:00pm, Tuesdays 10:00am-1:00pm, Wednesdays 3:00pm-5:00pm, Thursdays 10:00am-1:00pm, Thursdays 2:30pm – 4:30pm, Fridays 10:00am-12:00pm & Saturdays 10:15am – 12:15pm – <u>No Program Monday November 11th Monday December 23rd & Tuesday December 24th.</u></p> <p>For caregivers and their children aged 0-6 years of age. Play and socialize in a safe, relaxed, and supportive environment. Participate in open-ended activities, S.T.E.M activities and sensory play and then join us for circle time! Connect with our RECE to ask about resources and community programs. No registration required.</p>
<p>EarlyON Baby Drop In! – Mondays 1:00pm-3:00pm & Wednesdays 11:00am-1:00pm– Ages 0-18 months - For caregivers and their babies aged 0-18 months. Join us in a safe, inviting environment as we participate in free-play activities and early literacy activities for babies, such as reading, singing and hand rhymes. Time for socialization with other parents and caregivers. No registration required. <u>No Program Monday November 11th & Monday December 23rd.</u></p>
<p>EarlyON Gross Motor Play – Tuesdays 3:00pm-4:00pm</p> <p>For caregivers and their children aged 18 months - 3 years of age. Join us in our Drop In space to participate in gross motor activities that encourage your toddler to walk, move, climb and balance with their growing and developing bodies. No registration required. <u>No Program Tuesday December 24th.</u></p>
<p>1-on-1 Consults with EarlyON RECE – Virtual or In-Person</p> <p>Have any questions or concerns about your child’s development? Looking for resources in your community? Looking for childcare and have questions? Book a time to speak with our EarlyON Coordinator. Registration required. E-mail: familyprograms@centraleglinton.com or call 416-392-0511 ext. 246.</p>
<p>Visit from the Toronto Public Library (TPL) – Monday November 18th, 11:00am & Monday December 9th, 11:00am</p> <p>Join us during Drop In for a visit from the Toronto Public Library Librarian! They will share some early literacy tips, current and upcoming programming at the Northern District branch and join us for a circle time! No registration required.</p>
<p>FoodShare Presentations – “Feeding Your Toddler” – Thursday November 21st, 10:30am // “Baby Feeding Basics” – Wednesday December 11th, 11:30am</p> <p>Join us at Baby Drop In to discuss baby feeding basics and at Family Drop-In to get ideas and suggestions on healthy snacks and meals for fussy toddlers! A great introduction if your infant is going to start solids, or you are just looking for some healthy snack and lunch ideas for your Toddler! No registration required.</p>
<p>Toronto Public Health (TPH)- Wednesday November 13th, 11:30am & Thursday December 5th, 10:30am.</p> <p>Nancy from TPH will be here to answer questions you may have regarding your child’s health and wellbeing. No registration required.</p>
<p>EarlyON Baby Sleep Workshop – Monday November 25th, 1:30pm</p> <p>Are you exhausted? Is your little one struggling with sleep? Do you want to lay a healthy sleep foundation for your baby? Join Emily Abrams, Certified Pediatric Sleep Consultant, for an informal conversation and take away sensible sleep tips that you can implement right away. Be sure to bring all of your questions for the Q&A session. No registration required.</p>
<p>EarlyON Baby Yoga – Wednesday November 27th & Wednesday December 18th, 11:00 – 11:30am</p> <p>Join us during Baby Drop-In as Laura leads us through a simple Postnatal Yoga Class. Make sure to bring your mat and water bottle. No registration is required.</p> <p>Please feel free to contact Stacey with any questions about our programs at 416-392-0511 ext. 246, email familyprograms@centraleglinton.com or visit our website at www.centraleglinton.com.</p>

Program Reminders

Please no shoes in the EarlyON space. We ask children and adults to wear socks or indoor slippers inside the space.

We are a nut-free environment. Please no snacks or food that contain any nuts.

Please no hot drinks in the EarlyON space.

When taking photos and videos please make sure you are not capturing other children or staff. This includes circle time.

Please do not make or take any Facetime or video calls while in program.

The EarlyON staff are not responsible for supervising your child while at program. Please watch your children to ensure they are being safe.

Please make sure you close and lock the doors when you enter and leave the program space. We don’t want any children escaping.

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